

## GSK-3 $\beta$ expression in cerebrospinal fluid in Parkinson's disease

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### ABSTRACT

We examined the expression of glycogen synthase kinase-3beta (GSK-3 $\beta$ ) in the cerebrospinal fluid (CSF) of Parkinson's disease (PD) patients. GSK-3 $\beta$  is a critical intermediate in pro-apoptotic signaling cascades that are associated with neurodegenerative diseases, including PD. Because CSF contains proteins and metabolites of brain origin, and GSK-3 $\beta$  levels are increased in brains of PD patients, we decided to measure GSK-3 $\beta$  levels in CSF samples from PD patients. We observed that neither GSK-3 $\beta$  nor pGSK-3 $\beta$  (Ser9) was altered in PD patients. Our results suggest that, although GSK-3 $\beta$  plays a role in the pathogenesis of PD, its CSF levels were unchanged.

**KEYWORDS:** cerebrospinal fluid, Parkinson's disease, glycogen synthase kinase-3beta, risk factor

### INTRODUCTION

Parkinson's disease (PD), a progressive neurodegenerative disease of unknown etiology [1], is the second most common neurological disorder characterized by motor and behavioral disturbances caused by the degeneration of dopaminergic

neurons [2, 3]. Alpha-synuclein ( $\alpha$ -syn), a presynaptic protein, is causal in the genesis of PD [2, 4], and gene duplication and triplication of  $\alpha$ -Syn are found in sporadic and early onset forms of PD [5].  $\alpha$ -Syn becomes insoluble, self-aggregates and accumulates into intra-neuronal inclusion bodies [4, 6, 7, 8]. A recent study indicates that  $\alpha$ -Syn induces hyperphosphorylated tau through specific activation and recruitment of glycogen synthase kinase 3 $\beta$  (GSK-3 $\beta$ ), a kinase known to hyperphosphorylate tau at distinct sites in Alzheimer's disease, which itself becomes activated through autophosphorylation at Tyr216 [9].

GSK-3 $\beta$  is a ubiquitous serine/threonine protein kinase highly abundant in brain tissue, which plays a key role in neural development and neuron survival, and an increase in GSK-3 $\beta$  activity precedes the induction of apoptosis [10]. Elevated levels of GSK-3 $\beta$  were seen in the striatum [9, 11], and peripheral blood lymphocytes [12] from PD patients. These findings were also underscored by a report in which two functional single nucleotide polymorphisms have been reported in PD brains, resulting in increased phosphorylation of tau and interaction of GSK-3 $\beta$  with tau [13]. All these observations suggest that this kinase may be involved in the pathogenic progress of the human PD. We further tested whether the increase in GSK-3 $\beta$  levels is also reflected in the cerebrospinal fluid (CSF) of PD patients.

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## MATERIAL AND METHODS

### Human samples

CSF samples from PD patients [ $n = 29$  (12 females and 17 males), age =  $62.97 \pm 2.06$  years (data are expressed as mean  $\pm$  s.e.m.)] and healthy control subjects [ $n = 22$  (12 females and 10 males), age =  $58.33 \pm 3.8$  years] were obtained by lumbar puncture, collected in a glass tube, and immediately frozen and stored at  $-80^{\circ}\text{C}$ . All the samples were obtained from the Neurology Service of the Hospital Universitario 12 de Octubre (Madrid, Spain). All PD cases were diagnosed under the criteria of probable PD [14]. The control group was formed of family members or caregivers of the PD patients, who all had a clinical interview with a senior neurologist that showed a completely normal cognitive and functional level. Half ml of each CSF sample was concentrated by lyophilization in a Speed-Vac to about 0.1 ml.

### Immunoblot analysis

CSF protein immunoblotting was performed using previously describe methods [15]. In brief, all samples were resolved by 10% SDS-polyacrylamide gel electrophoresis and transferred to nitrocellulose membranes (Bio-Rad) by electroblotting. Primary antibodies were: mouse monoclonal anti-GSK-3 $\beta$  (Santa Cruz Biotechnology, Inc), and rabbit polyclonal anti-pSer9 GSK-3 $\beta$  (Cell Signaling Technology, Inc.). Secondary antibodies were: goat anti-mouse, and goat anti-rabbit HRP-conjugated (Biorad Laboratories). Densitometric analysis was performed using ImageJ software (NIH Image).

### Statistical analysis

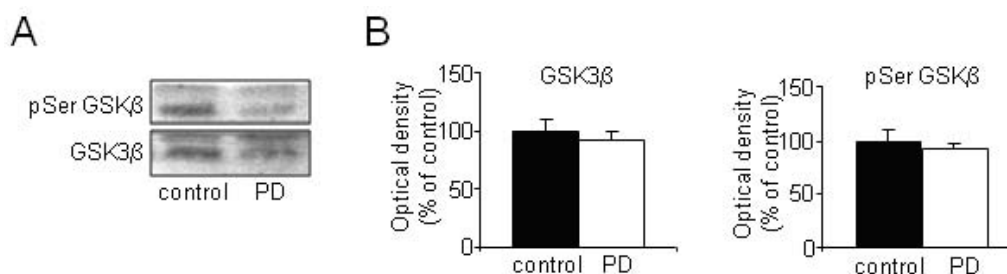
Data were analysed with SPSS for Windows (version 15.0). Results were expressed as mean  $\pm$  s.e.m. and statistically analyzed by ANOVA followed by a Tukey-Kramer test, and Mann-Whitney  $U$ -test analysis when appropriate. The differences were considered to be significant at  $p < 0.05$ . The Spearman rank correlation was used for correlation analyses.

## RESULTS AND DISCUSSION

Using Western-blot assays, we observed typical pattern of GSK-3 $\beta$  in human CSF. Neither GSK-3 $\beta$  nor pSer9 GSK-3 $\beta$  (Figure 1A, and B) expression was altered in CSF from PD patients compared with control subjects.

We analyzed whether there was an association between GSK-3 $\beta$  and pSer9 GSK-3 $\beta$  expression and sex, age and onset. We found that both GSK-3 $\beta$  and pSer9 GSK-3 $\beta$  expression correlate with age (Spearman rank correlation  $R = -0.631$ ,  $p = 0.002$ , and  $R = -0.497$ ,  $p = 0.019$ , respectively) but only in the control group.

We here describe novel findings describing GSK-3 $\beta$  status in CSF from PD patients. Despite the fact that the cause of PD remains unknown,  $\alpha$ -syn has been classically linked to PD, as the main component of Lewy bodies [16]. Phosphorylated GSK-3 $\beta$ ,  $\alpha$ -syn, tau, and other proteins are involved in the pathogenesis of several neurodegenerative diseases [14]. It has been demonstrated that p-GSK-3 $\beta$  is central to the development of the tauopathic process in PD models, and that blockade of the kinase with specific inhibitors



**Figure 1.** (A) Expression of pSer GSK-3 $\beta$  and GSK-3 $\beta$  are unchanged in CSF of PD patients compared with healthy controls. Representative western blots are shown. (B) Densitometric measurements confirm these data. (Data are expressed as mean  $\pm$  s.e.m.,  $n = 22$  for control group,  $n = 29$  for PD group. PD = Parkinson's disease).

prevented tauopathic changes and cell death in mesencephalic neurons and cultured cells [17].

To our knowledge, no studies about the assessment of GSK-3 $\beta$  levels in CSF from PD patients have been published. While we have not found significant differences between PD patients and controls, the role of GSK-3 $\beta$  in the cellular damage in PD is well established [9, 11]. Despite the fact that GSK-3 $\beta$  is up-regulated in cellular populations, including neurons [9] and blood lymphocytes [12] from PD patients, we hypothesized that its secretion to peripheral fluids, including CSF, could be reduced. However, we found that in CSF, GSK-3 $\beta$  levels in PD patients were similar to those observed in healthy subjects.

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#### FINANCIAL DISCLOSURE/CONFLICT OF INTEREST

The authors report no conflicts of interest.

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